



## Don't Retire from Giving

"I've been a long-time supporter of United Way of Benton & Franklin Counties. They serve areas I know are needed in the community. I am convinced that United Way does a great job in supporting our community as a whole. That's one reason why I've continued to give to United Way of Benton & Franklin Counties even after retiring from PNNL."



# RETIRING INTO THE COMMUNITY

**GIVE** - Continuing your United Way contribution is the easiest and most powerful way to improve your community and the lives around you. Don't retire from giving, donate today. Please complete and return a pledge form, donate online at [unitedway-bfco.com](http://unitedway-bfco.com) or call United Way at 509-783-4102

**ADVOCATE** - Whether wearing a LIVE UNITED t-shirt, attending a United Way event, or sharing information about programs or services, word of mouth is a powerful tool.

**VOLUNTEER** - There is a growing body of research exploring the health benefits of volunteering, in addition to social benefits. Research has found that those who volunteer have lower mortality rates, greater functional ability, greater life satisfaction, and lower rates of depression later in life than those who do not volunteer.

"We give and serve through United Way because we feel that United Way is the best way to invest in local human services. Ours is one of the top United Ways in the country and helps make the Tri-Cities a wonderful place to live."



"Volunteering for United Way keeps me active and engaged in my community. I'm proud to be part of an organization that does so much good work in our area."

## STAY CONNECTED

Name \_\_\_\_\_

- I am retired       I am retiring in the near future (date \_\_\_\_\_)
- Please update my contact information
- I would like to know more about volunteer opportunities.

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Home Ph \_\_\_\_\_ Cell Ph \_\_\_\_\_



[unitedway-bfco.com](http://unitedway-bfco.com) • (509) 783-4102  
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United Way of Benton & Franklin Counties